

# DEVELOPING COMPASSIONATE LEADERS

[www.workwithimpact.co.uk](http://www.workwithimpact.co.uk)



Compassion is an essential aspect of a productive work environment. It can be experienced in diverse yet interconnected ways: feeling compassion for others, experiencing compassion from others or directing it towards oneself. **Leaders who demonstrate compassion lead from the head and the heart.** They listen to, understand, empathise with and support those they lead, thus enabling them to reach their potential and do their best work. In doing so, leaders create a work environment that fosters a sense of belonging, psychological safety and professional fulfilment.

## WHY IS COMPASSIONATE LEADERSHIP IMPORTANT?

Research suggests that leaders who prioritise compassion make others feel valued, supported and cared for. This results in increased wellbeing, motivation, and engagement of staff. Compassionate leadership has also been linked to inclusivity and innovation in the workplace. Thus, compassionate leadership is not just a desirable trait, but a transformative factor in driving positive business outcomes. By prioritising compassion, leaders can create a culture of trust, respect, and collaboration that benefits everyone involved.

**Impact.**  
Psychology  
for Business

## AT A GLANCE

### THE PACKAGE

Impact offers a half-day workshop that aims to provide experienced and aspiring leaders with the knowledge and skills required to cultivate their compassionate leadership practice.

The objectives of the workshop are to:

- Explore the significance of compassion in the current context
- Identify the key elements of compassionate leadership
- Consider the importance of a self-compassion practice
- Discover the role of courage and personal values in leadership
- Agree plan for introducing compassionate leadership into your organisation

The workshop is highly interactive and provides delegates with a safe and supportive space to engage in discussions and personal reflection

*This workshop can be delivered online or in person.*

### COSTS

- £2500 + VAT\*

\*Pricing is based on groups of up to 24 delegates, and one half-day workshop delivered by two facilitators. Please contact us for further details.